

Heart to Heart



Hypertension Type II Diabetes Cardiovascular Education Program



**Date: Friday
Feb 4, 2022**

**Location:
Zoom Video
Conferencing**

Zoom Logon Info
Meeting ID: 826 7272 4879
Passcode: 682315

**Time:
6:00pm**

Blood Pressure
Teaching



COVID
Information



Healthy Food Choices

Type II Diabetes Management



Learn About Healthy Lifestyle Changes



Sponsored by San Diego Black Nurses Association and
Epsilon Xi Omega Chapter of Alpha Kappa Alpha Sorority, Inc.